



If you have a fever above 38°C or shortness of breath, anyone you live with should also stay at home.

## Basic rules for everyone



Stay at home if you have cold-like symptoms.



Work from home if possible.



Stay 1.5 metres away from others.

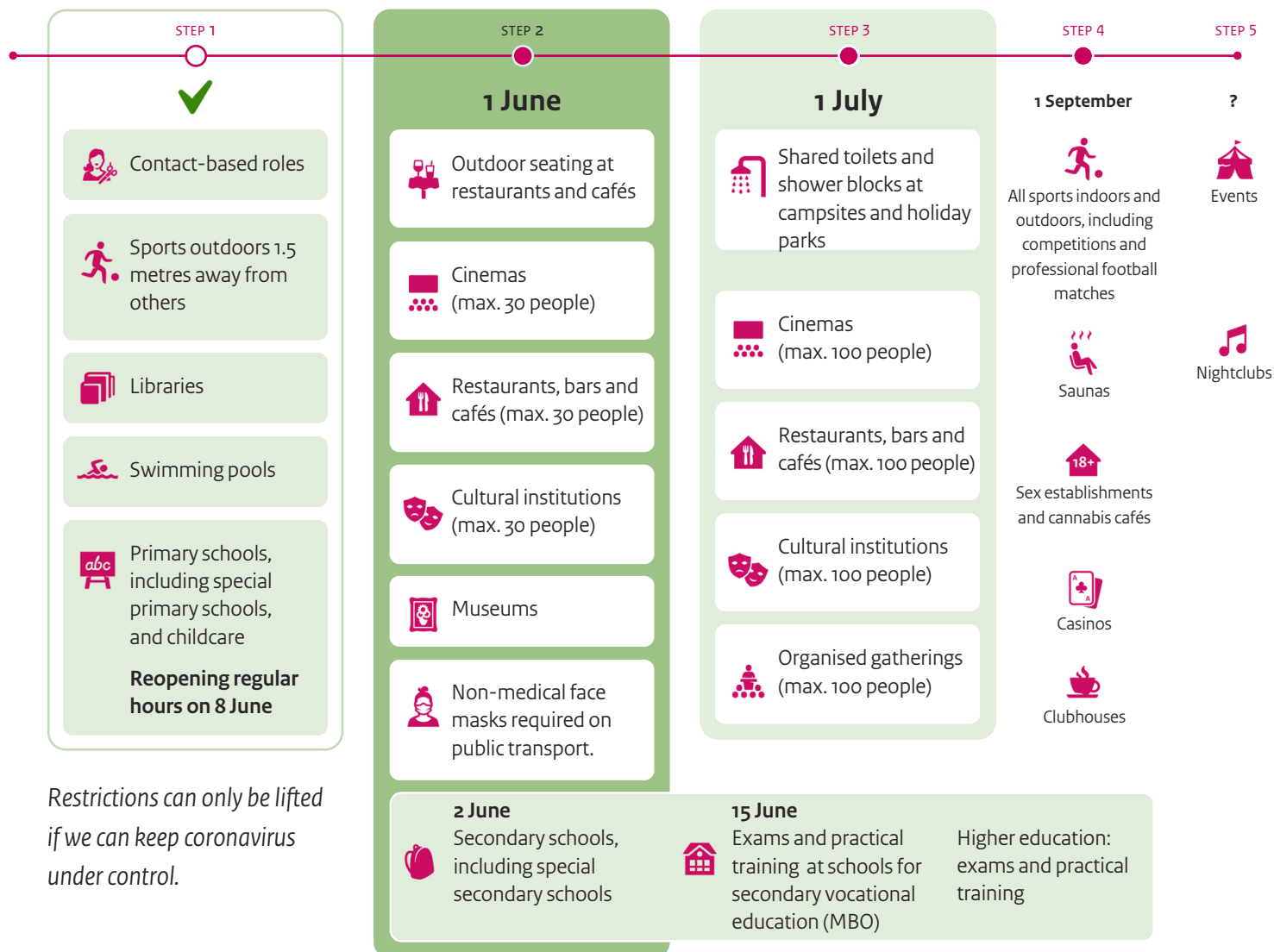


Avoid busy places.



Wash your hands often.

## Step by step – what can we do when?



Restrictions can only be lifted if we can keep coronavirus under control.

**alleen samen krijgen we  
corona onder controle**

For more information, visit  
[rijksoverheid.nl/coronavirus](https://rijksoverheid.nl/coronavirus)  
or call 0800-1351